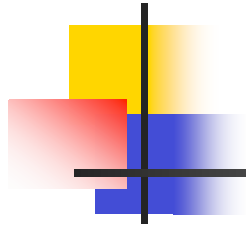




Emotional Well-Being

A Strategy for Universal Services





- Background to the Emotional Well-being Strategy
- Working with commissioners
- Developing a training strategy
- Consulting with young people
- Evidencing and evaluating learning



Background....

- A Mental Health Trust covering two Local Authorities
- Significant waiting list for CAMHS
- Inappropriate referrals to CAMHS
- Key drivers: NSF, ECM, CWDC, Workforce Development



Key Drivers

- NSF-Standard Nine
- Every Child Matters
- Children and Young People's Plan
- Health Minds - Ofsted (2005)
- National Workforce Competence Framework
- JAR
- Confidence of our staff



Working Across two Local Authorities

- Very different Local Authorities
- Very different priorities
- Wanted bespoke training programmes
- CAMHS providing different services
- Commissioners



Waiting List CAMHS

- Inappropriate referrals
- Poor understanding of thresholds
- Anxiety amongst staff about some behaviours
- Some professional groups - reluctant to engage
- The role of CAF
- The development of referral pathways



Programme Content

Hull ECN Programme

- Introduction to Child Mental Health
- Building Esteem in Children and Young People
- Children's Behaviour – Disorders and Difficulties
- Deliberate Self Harm and Young People
- Embracing Children's Emotional Needs (7 day course)



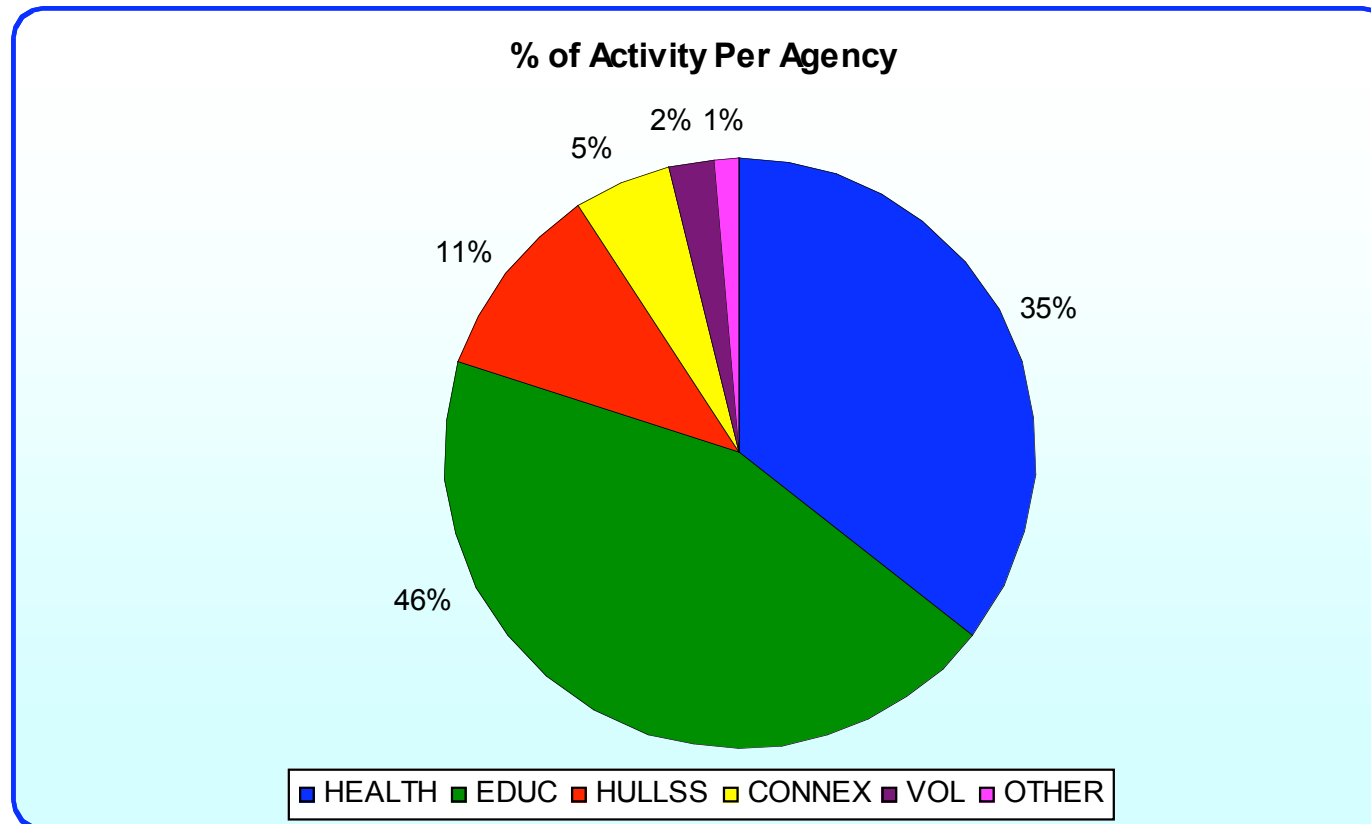
Programme Content

East Riding ECN Programme

- Masterclass Series (two day courses):
 - Attachment
 - Self Harm
 - Eating Disorders
- Embracing Children's Emotional Needs (7 day course)

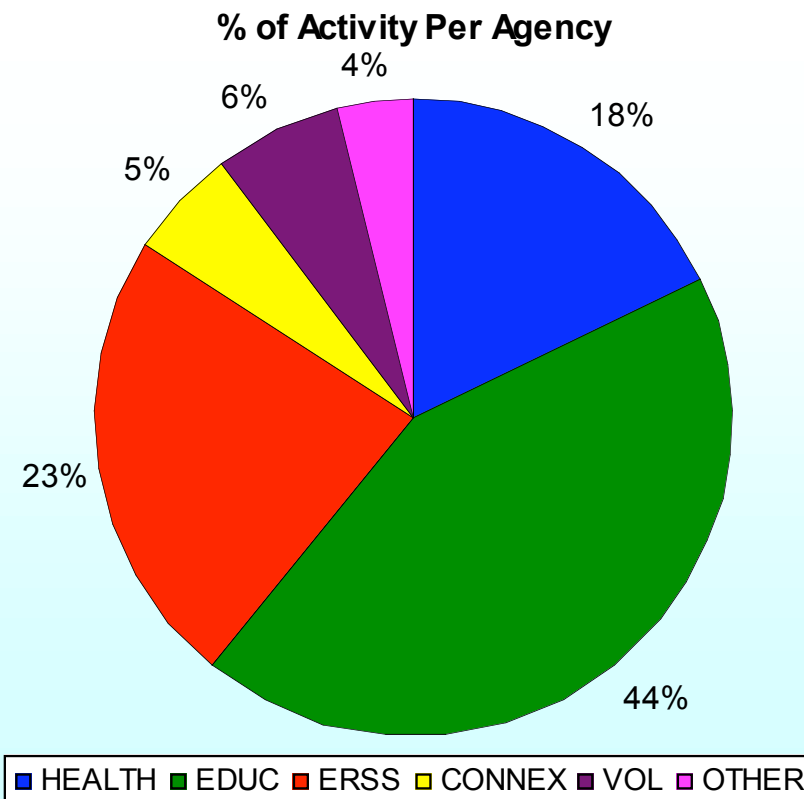
Participants

Hull ECN Programme



Participants

East Riding ECN Programme





What Worked...

- Targeting
- Role of course tutor
- Engaging the commissioners
- Involving young people in the design of the course
- Ownership
- Improving competence and confidence
- Reduced inappropriate referrals



What didn't....

- Targeting
- Evidencing learning
- Using too many external facilitators
- Course accreditation
- Avoiding duplication
- Addressing capacity



The Next Steps....

- Reviewing the whole of provision
- Moving programme into 'mainstream'
- Linking programme into more formalised induction across all agencies
- Developing supervision networks
- Building capacity into workforce